

GET 2 BOOKS FOR THE PRICE OF 1! Free Gift Also Included! The Paleo Diet for Beginners: The natural way to lose the excess pounds without ever feeling hungry. The Paleo diet is one of the best methods of going natural. It rewires your body to crave what it needs, and not the sugar it wants. With Paleo, you could start craving fruit instead of chocolate, because you will re-wire your body to want natural sugar instead of the artificial kind. Once you go Paleo and wean off the unhealthy junk, you will discover how much it actually harms you. Learn how to get started with the Paleo diet, and its challenges. Get healthier just by giving up some types of food, and substituting them with something more delicious! Learn recipes that will fill you up and make you appreciated at dinners and they're all healthy! Learn how to manage going Paleo in such a temptation filled world. Get rid of food addiction and cravings. Learn everything there is about the Paleo diet. Slow Cooking For Beginners: The step-by-step guide to slow cooking with over 35 delicious slow cooking recipes for eating clean. Take out your slow cooker and start enjoying these delicious recipes. In a busy life, there are many times when you just don't feel like cooking. You may end up relying on junk food or just throwing something together for dinner. Now you can easily make delicious meals with a slow cooker and these great recipes we offer in the Slow Cooking for Beginners. This cookbook is a collection of over 35 slow cooking recipes picked especially for their ease and in preparation. Not only will you find tempting recipes like vegetable pot pie and glazed chicken thighs, but this book will also arm you with safe slow cooking tips. Cooking at home has never been easier than this. If you're looking for a yummy slow cooker soup recipe, it doesn't get much tastier than our butternut squash soup. You'll feel like a pioneer when you enjoy our veal and leek ragout for lunch. And if you're looking for a hearty favorite to keep you nice and cozy, take a look at our slow cooked beef roast with alfredo potatoes. This book features: Flavorful recipes including main dishes, side dishes and restaurant favorites. Best slow cooking tips & tricks. Nutritional analysis. Easy to find ingredients. What more could you ask for? This book is everything you need to learn about slow cooking. Plus you can enjoy a variety of delicious, satisfying meals every day without spending hours in the kitchen. Order your copy now and you can be making these yummy time and money-saving recipes for your family meals immediately! Scroll Up and Grab Your Copy! You Do NOT Need A Kindle Device To Read This E-Book, You Can Read On Your PC, Mac, SmartPhone, And Or Your Kindle Device. Tags: ( Paleo Diet, Paleo cookbook, paleo code, paleo food, slow cooking, slow cooking recipes, slow cooking cookbook, slow cooking for two )

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