An Apple a Day is Karla Dornachers first 31-day devotional book combining delightful art and inspiring words for women. This wonderful new book brings a warm heart and cozy feeling to its readers. They will enjoy Todays Apple scriptures, Chew On It thoughts and Savor the Flavor prayers and recipes. Areas for journaling are also included. With her gifted talent, Karlas artwork is licensed to twelve different companies. Her other best-selling books include: The Blessing of Friendship, Love in Every Room, Down a Garden Path, and Savor This Moment.

Role Reversal: Achieving Uncommonly Excellent Results in the Student-Centered Classroom, upstreet number three, Scooby-doo and the Mystery Date (Scooby-Doo Graphic Novels), The Boy Who Drew Cats and Other Japanese Fairy Tales (Dover Childrens Thrift Classics), Murder Most Queer: The Homicidal Homosexual in the American Theater (Triangulations: Lesbian/Gay/Queer Theater/Drama/Performance), Romantic Days and Nights in Santa Fe (Romantic Days and Nights Series), Monsters Made Me Gay: Griffin Group Encounter,

What's the meaning of the phrase 'An apple a day keeps the doctor away'?. Literal meaning. What's the origin of the phrase 'An apple a day keeps the doctor . An apple a day keeps the doctor away is a common English-language proverb of Welsh origin. It espouses the folk-wisdom that apple consumption has. 19 hours ago I don't know about you, but I am a longstanding believer in an apple a day. There's always a big wire basket of Galas or Fujis in my kitchen, and. Your mom didn't use the term powerfood but she knew about apples. "An apple a day keeps the doctor away― was the first nutritional advice.

June 21, -- It turns out that eating an apple a day really does keep the doctor away -- but you've got to eat the peel. And no fair skipping. Eating an apple a day slashes the risk of dying early by 35 per cent, a study Women who ate more than grams of the fruit each day - one.

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